



"[Fitting] is a very important aspect of the business," Ingrid explains. "You might have very good making, but if the curtains and blinds are not hung properly then the making goes out the window."

Stunning bedspreads are also made in-house and are carefully hand-quilted, each one personalised according to the preferences of each client, as are the headboards, which Equilíbrio can create in any style and fabric.

With this new workspace open to the public, Ingrid is keen to emphasise the options available to her clients. Rather than designing an entire room, injecting new life into a living space can be as simple as adding curtains made from distinctive fabrics, or even cushions to set off the existing surroundings, adding a splash of colour.

Ingrid also believes in doing attractive interiors on a budget by using well priced fabrics – and still maintaining the quality. The interior design company's approach to all its work is to provide the very best for each client, something that Ingrid and the team's other designer Sofia Castro do their utmost to achieve.

"We maintain that everyone has their own taste and we try to hone in on that," says Ingrid, who strives to create a space that reflects the spirit, passion and lifestyle of



each client. In fact, simplicity is a distinctive feature at Equilíbrio, where classic furniture, original paintings and prints, striking light

features and diverse decorative pieces are brought together to create a perfect balance for a perfect home. ■

# Behind 'the seams'

EQUILÍBRIO INTERIORS HAS RELOCATED ITS SOFT FURNISHING DEPARTMENT TO A NEW SPACE



TEL: 289 397 059  
 INFO@EQUILIBRIO-INTERIORDESIGN.COM  
 WWW.EQUILIBRIO-INTERIORDESIGN.COM

**A**chieving a perfect balance between old and new by combining classic pieces with a contemporary edge is the raison d'être of Equilíbrio, the interior design company whose elegant and unique style, high quality products and excellent service has earned it an exceptional reputation in the Algarve and beyond.

Graced with an eye for detail and a passion for creating timeless décors, interior designer Ingrid Parnis established Equilíbrio almost 20 years ago and has since become a name of distinction in the field. Located on the main Almancil to Vale do Lobo road, the designer has now moved the company's own soft furnishings atelier next door to its large and exquisitely designed showroom, an important side of the business.

Two elegant window displays, showing different nuances, draw you in to this newly-opened workshop, a light and airy space that is home to a team of six seamstresses, some

of which have been with the company since it first started, who work meticulously to maintain the extremely high standards at Equilíbrio. Curtains, bedspreads, blinds, bed valances, headboards and cushions, using good quality fabrics and superb workmanship, are created within the atelier.

A perfect example of the company's excellence in producing soft furnishings and a striking feature in any room are the curtains produced here. With an array of stunning fabrics to choose from, a process that Equilíbrio ensures is an enjoyable experience in itself, all curtains are interlined, hemmed and pleated, each one skilfully finished off by hand. There is a vast choice of poles, pelmets, edging, trimmings, amongst others, with electric opening and closing options also available.

The work at Equilíbrio is very much a team effort, as two curtain fitters also share this new space in a workshop downstairs.

